

Psalm - 13th Sunday in Ordinary Time - B

Psalm 30

C. Upchurch

6 R I will ex- tol_ you, O Lord, for you have raised me up.

The musical score consists of a vocal line in the upper staff and a piano accompaniment in the lower staves. The key signature is two flats (B-flat and E-flat), and the time signature is 2/4. The vocal line begins with a fermata on the first measure, followed by a series of eighth and quarter notes. The piano accompaniment features a steady eighth-note bass line and a more active treble line with chords and single notes.

6 *Tone for the verses (Plainchant Tone VIII)*

The plainchant tone is presented in a two-staff format. The upper staff is a vocal line with a single melodic line, and the lower staff is a piano accompaniment consisting of a single bass line. The key signature is two flats, and the time signature is 2/4. The melody is a simple, stepwise progression of notes, typical of plainchant.

I will extol you, Lord, for you have raised me up,
and have not let my enemies re-joice over me.
O Lord, you have lifted up my soul from the grave.
restored me to life +
from those who sink in-to the pit. R.

Sing psalms to the Lord, you faith-ful ones;
give thanks to his holy name.
His anger lasts a moment +
his favour all through life.
At night there are tears, +
but at dawn comes joy. R.

Hear, O Lord, and have mercy on me;
be my help-er, O Lord.
You have changed my mourning into dan-cing.
O Lord my God, I will thank you forever. R.