



Holy Trinity Catholic Church
Braamfontein

5th March 2023

2nd Sunday of Lent - A
Morning Prayer - Week II

All stand as the Ministers enter the church

V. O Lord, open *our* lips

R. **And we shall praise *your* name**

The Office Hymn is sung in Gregorian Chant by the Schola

1.

O MERCIFUL Creator, hear!
To us in pity bow Thine ear:
accept the tearful prayer we raise
in this our fast of forty days.

2.

Our hearts are open, Lord, to Thee:
Thou knowest our infirmity;
pour out on all who seek Thy face
abundance of Thy pardoning grace.

3.

Our sins are many, this we know;
spare us, good Lord, Thy mercy show;
and for the honour of Thy name
our fainting souls to life reclaim.

4.

Give us the self-control that springs
from discipline of outward things,
that fasting inward secretly
the soul may purely dwell with Thee.

5.

We pray Thee, Holy Trinity,
one God, unchanging Unity,
that we from this our abstinence
may reap the fruits of penitence.
Amen.

Audi, benigne conditor
Tune: Jesu dulcis

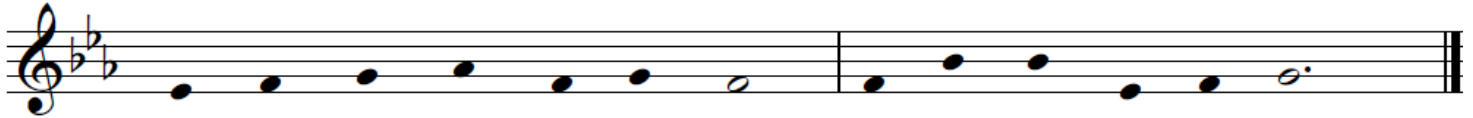
The psalms follow

The assembly sings the verses in **BOLD TYPE**

Psalm 117 (118)

Antiphon 1

Tone: Cathedral of Notre Dame de Paris



The Lord's right hand has tri-umphed; his right hand raised me up.

Give thanks to the Lord for he is *good*,
for his love en-dures for ever.

Let the sons of Israel say:
'His love en-dures for ever.'

Let the sons of Aaron say:
'His love en-dures for ever.'

Let those who fear the Lord say:
'His love en-dures for ever.'

I called to the Lord in my distress; +
he answered and *freed me*.

The lord is at my side; I *do not* fear.

What can man do against me? +

The Lord is at my side as my *helper*:

I shall look down *on* my foes.

It is better to take refuge in the Lord
than to trust in men:

it is better to take refuge in the Lord
than to trust in princes.

The nations all encompassed me; +
in the Lord's name I *crushed them*.

They compassed me, compassed me about; +

in the Lord's *name* I crushed them.

They compassed me about like bees; +

they blazed like a fire among *thorns*.

In the Lord's *name* I crushed them.

I was hard-pressed and was falling
but the Lord came to help me.

The Lord is my strength and my song; +
he is my saviour.

There are shouts of joy and victory +
in the tents of the just.

All sit The Lord's right hand has triumphed; +
his right hand *raised me*.

The Lord's right hand has triumphed; +
I shall not die, I shall live and re-count his deeds.

I was punished, I was punished by the *Lord*,
but not *doomed* to die.

Open to me the gates of holiness:

I will enter and give thanks.

This is the Lord's own gate +
where the just may enter.

I will thank you for you have answered +
and you are my saviour.

The stone which the builders re-jected
has be-come the corner stone.

This is the work of the Lord, +

a marvel in our *eyes*.

This day was made by the Lord; +

we rejoice *and* are glad.

O Lord, grant us sal-vation;

O Lord, grant success.

Blessed in the name of the Lord is he who comes.

We bless you from the house of the Lord; +
the Lord God is our light.

Go forward in procession with branches even to
the *altar*.

You are my God, I thank you. +

My *God*, I praise you.

Give thanks to the Lord for he is *good*;

for his love en-dures for ever.

Glory be to the Father and to the Son
and to the Ho-ly Spirit,

as it was in the beginning, +

is now, and ever shall be,

world without end.

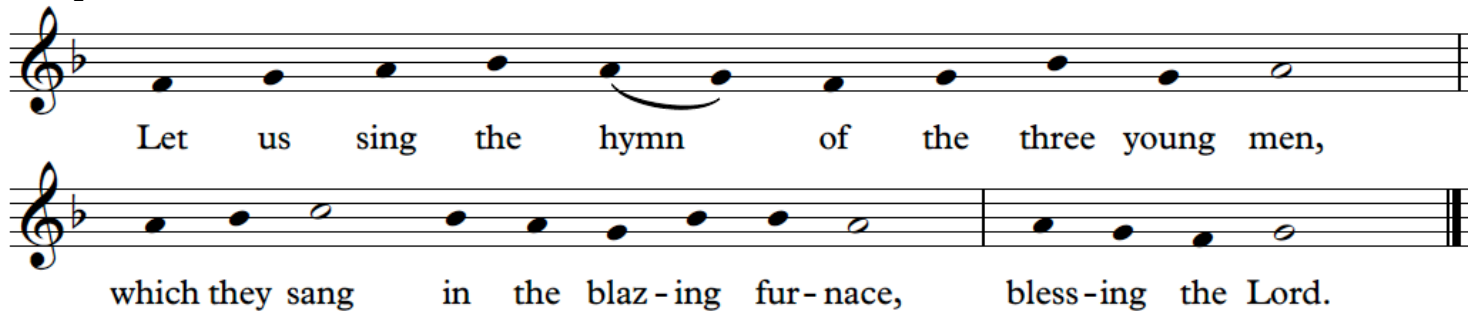
Amen.

Ant. The Lord's right hand...

Canticle: Daniel 3: 52-57

Antiphon 2

Mode I



Let us sing the hymn of the three young men,
which they sang in the blazing furnace, blessing the Lord.

You are blest, Lord *God* of our fathers.
To you glory and praise for *e-vermore*.

May they bless you, the *saints* and angels.
To you glory and praise for *e-vermore*.

Blest your glorious *ho-ly* name.
To you glory and praise for *e-vermore*.

From the heavens, the *earth* and the sea,
To you glory and praise for *e-vermore*.

You are blest in the *temple* of your glory.
To you glory and praise for *e-vermore*.

You are blest, Lord *God* of our fathers.
To you glory and praise for *e-vermore*.

You are blest who gaze *in-to* the depths.
To you glory and praise for *e-vermore*.

Glory be to the Father and to the Son
and to the *Ho-ly* Spirit,

You are blest in the *firmament* of heaven.
To you glory and praise for *e-vermore*.

as it was in the beginning, +
is now, and *e-ver* shall be,
world without *end*.

You who walk on the *wings* of the wind:
To you glory and praise for *e-vermore*.

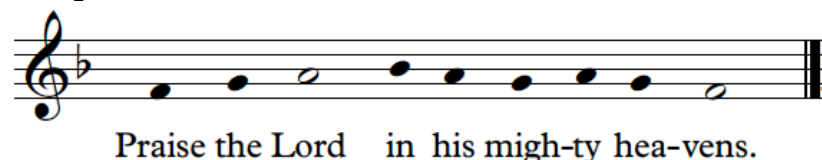
Amen.

Ant. Let us sing the hymn...

Psalm 150

Antiphon 3

Tone: Cathedral of Notre Dame de Paris



Praise the Lord in his mighty heavens.

Praise God in his holy *place*,
praise him in his mighty *heavens*.
Praise him for his powerful *deeds*,
praise his surpassing *greatness*.

O praise him with resounding *cymbals*,
praise him with clashing of *cymbals*.
Let everything that lives and that *breathes*
give praise to the *Lord*.

O Praise him with sound of *trumpet*,
praise him with lute and *harp*.
Praise him with timbrel and *dance*,
praise him with strings and *pipes*.

Glory be to the Father and to the *Son*
and to the Holy *Spirit*,
as it was in the beginning, +
is now and ever *shall be*,
world without end.

A-men.

Ant. Praise the Lord...

Scripture Reading: Nehemiah 8 : 9, 10

Responsory

Mode VIII

R. Christ, Son of the living God, have mercy on us. R.

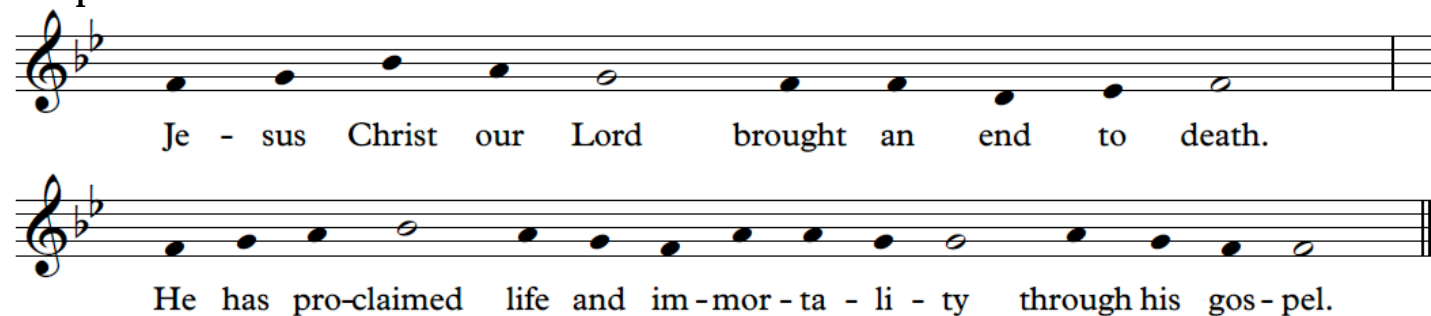
V. You were wounded because of our sins. R. V. Glory be. R.

All stand

Benedictus

The canticle is alternated by schola and assembly
Mode VIII

Antiphon



Je - sus Christ our Lord brought an end to death.

He has pro-claimed life and im-mor-ta-li-ty through his gos-pel.

+ *Bene-dictus Dominus Deus Is-rael; * quia visitavit et fecit redemptionem ple-bis suae*

et e-rexit cornu salutis no-bis, * in domo David pu-e-ri sui,

*sicut locutus est per os sanc-to-rum, * qui a saeculo sunt, prophe-ta-rum eius,*

sa-lu-tem ex inimicis no-stris, * et de manu omnium, qui oderunt nos;

*ad fa-ciendam misericordiam cum patribus nos -tris, * et memorari testamenti su-i sancti,*

ius-iu-randum, quod iuravit ad Abraham patrem nos-trum, * datu-rum se nobis,

*ut si-ne timore, de manu inimicorum libe-ra-ti, * servi-a-mus illi*

in sanc-titate et iustitia coram i-pso * omnibus di-e-bus nostris.

*Et tu, puer, propheta Altissimi vo-ca-beris: * praeibis enim ante faciem Domini parare vi-as eius,*

ad dan-dam scientiam salutis plebi ei-us * in remissionem peccato-rum eorum,

*per vi-scera misericordiae Dei nos-tri, * in quibus visitabit nos ori-ens ex alto,*

il-lu-minare his, qui in tenebris et in umbra mortis se-dent, * ad dirigendos pedes nostros in vi-am pacis.

*Glori-a Patri et Fi-lio * et Spiri-tu-i Sancto*

Si-cut erat in principio et nunc et sem-per. * Et in saecula saecu-lo-rum. Amen.

Ant. Jesus Christ, our Lord...

Intercessions

R. In flame our hearts with your love. Our Father.

Concluding Prayer, Blessing and Dismissal and Anthem to Our Lady [see insert]